

# SHARON KELLY WEST

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**LICENSE** North Carolina Registered Nurse

**EDUCATION** **Bachelor of Science in Nursing**, Winston-Salem State University, Winston-Salem, NC  
**Graduate** – Western Carolina University –Master of Health Science, Cullowhee,N.C.

**EXPERIENCE**

2010- current **Women Veteran’s Program Manager**- Charles George VA Medical Center  
Oversite of coordinated care for women veterans. Educate staff and leadership on the preferences of female veterans. Address cultural appropriateness through performance improvement opportunities targeting female Veterans. Advocate for the equitable care of female Veterans. Representative on the ethics committee at the Charles George VA Medical Center and Mission Hospitals

2007- 2010 **Clinical Services Administrator** Buncombe County Department of Health  
Administrative Oversight of Family Planning, Prenatal, Disease Control to include Tuberculosis clinic Outreach, STD/HIV clinic intervention, Immunizations, Foreign Travel.  
Executive Leadership Team member reporting directly to the Health Director. Oversight of Budget, Policy and planning for programs.

2008 -2009 **Interim Health Director** Buncombe County Health Center-Leadership of 240employees-----  
2007- 2010 **Buncombe County Health Center-/Director of Nursing/ Practice and Standards Administrator**  
Oversight of 66 RN’s assuring practice compliance.  
Recommends design and implementation of the clinical quality improvement/risk programs in collaboration with health center leadership. Ensures quality and standard of care measures are in place and functioning appropriately, participates in program policy development and supports annual program policy review. Ensures and/or enforces clinician compliance with clinical quality/risk management programs (i.e. Public Health, OSHA, CLIA) adopted by the Health Center.  
Evaluate and support compliance with local, State, and federal regulatory standards e.g. contract/agreement addenda, accreditation through program reviews, audits, customer service evaluation, focus groups, staff education and training, and assists Program Administrators/Managers/Supervisors with tracking and resolving programmatic issues.Lead in Accreditation and re-accreditation process.

2002- 2010 **Adjunct Faculty Asheville-Buncombe Community College**  
Nursing Students(RN)  
Nursing Assistant Students

1998 - 2007 **MISSION HOSPITALS, Asheville, NC**  
**Coordinator/Nurse Case Manager Disease Management Program/Oncology**  
Conduct one on one assessments with program participants at High CV Risk. Communicate effectively with program participant, physician and caremanagers concerning client needs.  
Inform patients of community resources. Assist patients and families with follow through on community resources. Assess and implement updates; collaborates with other team members to assess,plan,implement, evaluate and follow-thru. Monitor compliance with program expectations/follow-thru as appropriate. Collaborate with community programs. Marketing. Developer of “Disease Management Rounds” (interdisciplinary group sessions) at Mission Hospitals. Utilization review analyst hospital-wide, prn. Back-up nurse for Optifast(weight reduction program). Instrumental in the development of several forms to promote program efficiency. Collect and abstract cross-sectional data to present program outcomes through powerpoint.Assess financial outcomes with Department Director . Utilize Core MERIT values.  
Sub-committee member Health Care Disparities Committee- Mission Hospitals-Asheville  
Ethics Committee member

- 2001-2008      **Hospice/Homecare Accreditation & Regulatory Consultant.**  
 Conducted reviews for compliance with regulations. Recommend policy revisions or policy creation as necessary. Familiar with JCAHO, ACHC and MDS.
- 2001-2008      **Legal Nurse Consultant**—Chart reviews for Larson-Allen (Charlotte, NC), Good Health Services (Raleigh, NC), Four Seasons Hospice(Hendersonville,NC). Focused on medical malpractice matters.

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- 1989 - 1998      **Registered Nurse, VISITING HEALTH PROFESSIONALS, Asheville, NC**  
 Discharge Planner, Admissions Nurse, Patient Care Coordinator, Field Supervisor, Aide Supervisor (on-going). Accurate assessments, communication with multi-disciplines, planned and made home visits, knowledge in various Medicare, Medicaid, CAP, PCS and Title II programs. Educated physician community in homecare services. Hospital liaison for VHP. Familiar with OASIS patient assessment tool. Population 90% age 65 and older Medicare/Medicaid recipients. Homebound.
- 1986 - 1989      **Nurse Screener, Community Alternatives Program(CAP)-DURHAM COUNTY HEALTH DEPARTMENT, Durham, NC.** Assess needs of client/family through accurate physical assessment of client and/or communication with family. Formulate budget according to Medicaid guidelines. Population mostly elderly homebound
- 1984 - 1986      **Staff Nurse, HOME CARE PROGRAM-VA MEDICAL CENTER, Durham, NC HBHC**  
 Physical assessments performed on all clients. Formulated care plans to provide consistent treatment mode in accordance with physicians' orders. Mostly elderly veterans.
- 1982 - 1984      **Public Health Nurse, DURHAM COUNTY HEALTH DEPARTMENT, Durham, NC**  
*Home Health:* Planned and made home visits within assigned geographic area to infants, elderly with chronic and communicable diseases, terminally ill for teaching. Maintained records, documents, and pertinent information; provided progress reports to referring physician. Coordinated care by working directly with physician, Public Health Coordinator, DSS and other agencies. Made referrals to other disciplines/agencies, e.g., DSS, Social Security, Coordinating Council for Senior Citizens.  
*Health Guidance:* Planned and made home visits to assess needs following referral from physicians, DSS, other agencies, or concerned family and friends.  
*Clinic:* Independently assessed conditions in clinic; made appropriate referrals. Interviewed, screened, counseled, and assisted with physician examinations. Independently coordinated follow-up by contact with parent and/or referral to another agency.  
*Senior Center:* Visitations to Senior Center to check blood pressures, offer health counseling, and teach group classes on health.  
  
*Schools:* Made weekly visits to elementary school to evaluate immunizations, screen children referred by teachers; made contact with parents as appropriate for follow-up care.  
*Other:* Assisted with orientation of new staff as well as student nurses.
- Prior      **Staff Nurse, DUKE UNIVERSITY MEDICAL CENTER/CRITICAL CARE, Durham, NC (1982), VA MEDICAL CENTER, Durham, NC (1981-1982), OTEEN VA MEDICAL CENTER, Asheville, NC (1979-1981)**
- OTHER**      Speaker on "Budgeting Basics for Nurse Leaders"- NC Public Health Institute- (2009,2010)  
 Invited by the Government of Barbados to Speak on End of Life Care (2009)  
 Manager's Leadership Series Mission Hospitals – 2005- 2006
- EXPERIENCE**      UNC-Public TV – Black Issues Forum- Guest Speaker – "Culturally Appropriate Health Care Delivery" 2006  
 Founder, IMPACT©(Interdenominational Minority Pastor/Parishioner Advance Care Training)

## **CERTIFICATION**

Facilitator, Respecting Choices (advanced care planning)  
Facilitator, Respecting Choices (ACP for Special Populations)  
APPEAL consultant ( \*see Affiliations below)  
Adult Learning certified  
Compass Trainer through the Community Care Partners (customer service trainer)  
Cardio-Pulmonary Physical Assessment  
Basic Life Support  
Legal Nurse Consultant

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## **PUBLICATIONS**

“Barriers to Completion of Advance Care Directives in African Americans: A cross-generational study”  
(publication pending), 2011  
“Culturally Appropriate Care of the Black Patient at Life’s End” - Published March 2004-  
HomeHealth Care Nurse National Journal  
“Cultural Awareness -Important in End of Life Care” Asheville -Citizen Times WNC- Health section-  
May 2004. Monthly columnist for AC-Times WNC Health Section  
Presentation, "Access & Availability of Health Care in the Black Community of Buncombe County  
Before 1950", December 2002(published Spring 2007)  
Guest Concurrent Speaker at several Hospice Conferences to include the 1<sup>st</sup> National Hospice  
Conference- St.Louis Missouri-May 2005  
End of Life in African Americans- November 2005 –UNC-TV-PBS- Black Issues Forum  
Abstract Presentation- IMPACT©(Interdenominational Pastor/Parishioner Advance Care  
Training- ADEC(Association of Death Education) National Conference- Tampa, Florida  
March, 2006  
End of Life Decision Making in the Elderly- 2004 Presentation-AB-Tech Nursing Students

## **AFFILIATIONS**

NC Institute of Medicine(IOM) appointee- Health Reform subcommittee (9/2010)  
TWIN Honoree (Tribute to Women of Influence) 2010  
Mission Hospitals Medical Ethics Committee  
Member Asheville Community Relations Board (City Council Appointment) (2010)  
New City Christian School Board Member (2010)  
Four Seasons Hospice Board Member 2009(former)  
Jim Bernstein Fellow for Community Leadership (2009)  
Susan B. Reynolds nominee for Race Relations (2008)  
Minority Health Advisory Council (House of Representatives appointment)(2008)  
Asheville-Buncombe Institute on Parity Achievement(ABIPA)- (former board chair)  
Diversity Committee Member-Mission Hospitals(former)  
Consultant Carolinas Center For Hospice and End of Life Care on Palliative Care  
Consultant- APPEAL (**A**ggressive **E**ducation **C**urriculum educating MD’s and Healthcare  
Staff in the Care of the African American at Lifes End) *Duke Institute on End of Life Care*  
Home Care/Hospice Accreditation Consultant  
Former board member UNC-A Center for Diversity Education  
Former board member Asheville City School System- Foundation Board/Executive Committee  
WNCLNC (Western North Carolina Legal Nurse Consultants)  
2003 Spirit of Dr. Martin Luther King, Jr. Award recipient-Mission Hospitals  
Former member MountainCare Governance Committee (former)  
Hospice Volunteer –Mountain Area Hospice(Asheville,NC)  
Member Transcultural Nursing Society(former)  
Member ADEC(Association of Death Education)  
Member Sigma Theta Tau International Nurses Honor Society  
End of Life Coalition Member –Asheville,NC(former)  
Chi Eta Phi Nurses Sorority member  
Member Asheville City School Advisory Budget Committee(former)  
City of Asheville Civil Service Boardmember (City Council Appointment) (former)